



IRVING RECREATION CENTER SUMMER DAY CAMP 2016 Grades 5-7

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954 (Rec.Center) 402-405-6608 (K-2 phone) 402-405-6609 (3-4 phone) 402-405-6610 (5-7 phone)

Reality Game Show Week

Whoa! Summer is just flying by! This week we will be participating in homemade reality games show. Those games consist of Survivor, What are the lyrics and so on. So come prepared with your thinking cap and your running shoes! Also remember to bring a water bottle, since we will be outside a lot this week.

THIS WEEK'S HIGHLIGHTS

Monday

Today we will be participating in a Survivor themed show. This day will be filled with all different challenges for the kids to compete in. In the afternoon we will be going swimming this afternoon at Irvingdale Pool. <u>Please remember to bring sunscreen, swimsuits, towels, and flip flops!</u>

Tuesday

We will start our morning with 10 seconds, so get to know your lyrics! We will also play knockout in the morning. In the afternoon we will have a rotation of tennis and yoga. We will finish out with Frisbee tic tac toe and a craft.

Wednesday

This morning we will start off with balloon tennis. Afterwards we will go swimming at woods pool. <u>Please remember to bring sunscreen, swimsuits, towels, and flip flops!</u> In the afternoon we will be playing just dance.

Thursday

Today we will be taking the city bus to unl and the splash park. We will leave the center at 9:00 to catch the bus at 9:25. We will return to the rec at around 4:00 pm.

Friday

Field Trip day! Remember to wear your camp shirt today. We will go to Antelope Park. We will leave around 8:45 and returning at 12:15. In the afternoon we will do a We cook activity and a team choice activity.



You can also view our weekly newsletter online at http://lincoln.ne.gov/city/parks/irving/daycamp.htm